



Pagans Behind Bars Newsletter



Blessed Lammas!

Our First Newsletter!

The Pagans Behind Bars Project was established in 2021 by Witch and Occultist Zehara Nachash. Zehara, who holds a Master's degree in Criminal Justice, aims to provide incarcerated individuals with access to pagan and Wiccan literature. This newsletter is published bi-monthly!

Bees In Magick

Bees have long been revered in various cultures and magical practices for their industrious nature, complex social structure, and vital role in pollination. Their symbolism extends deeply into the realms of magic and mysticism, representing themes of community, transformation, and the sweetness of life. In ancient civilizations, bees were often seen as messengers between the human world and the divine. The Egyptians associated bees with royalty and the sun god Ra, believing that bees were born from his tears. The Greeks connected bees with the goddess Artemis, representing purity. Bees are celebrated for their diligence and teamwork. The hive's structure is a powerful metaphor for a symbol of unity and mutual support. For those who practice kitchen witchery, honey is a staple ingredient, not just for its sweetness but for its magical properties.

Honey can be added to food and drinks to imbue them with love, prosperity, and health.



Lughnasadh

Lughnasadh, also known as Lammas, is a traditional Gaelic festival celebrated on August 1st. Named after the Celtic god Lugh, a deity of light and craftsmanship, this festival honors the first harvest. Historically, Lughnasadh was a time for communities to gather and celebrate the bounty of the land. It was a moment to give thanks for the crops that would sustain them through the coming months. Celebrations often involve baking bread, with the first loaf of bread being typically blessed and shared, signifying community. Lughnasadh is a time to celebrate the abundance of the harvest, to gather with loved ones, and to honor the hard work that sustains us. Whether through traditional rituals or personal reflection, this festival invites us to embrace the blessings of the season and prepare for the transitions ahead.

The Sturgeon Moon

The Sturgeon Moon, which typically occurs in August, is named after the bountiful sturgeon fish caught during this time in North America. This full moon is imbued with a powerful energy of abundance, strength, and resilience.

In magical practices, the Sturgeon Moon is an ideal time for setting intentions related to personal growth, transformation, and the harvesting of one's goals. It encourages us to tap into our inner fortitude and embrace the changes that come with the end of summer. Rituals during this moon often focus on gratitude, celebrating achievements, and preparing for the forthcoming autumn.

Dream Meanings

- Snakes** often represent transformation and healing, shedding their skin as they grow.
- Clouds** often symbolize emotions and thoughts, with their state reflecting your mental state.
- Dreams of **falling** typically indicate a feeling of loss of control or fear of failure in waking life.
- Losing teeth** in dreams is commonly linked to anxiety and stress, often reflecting concerns about appearance or aging.
- Dreaming of **hair loss** often represents concerns about aging or loss of vitality and strength.

These interpretations can vary based on personal experiences and cultural contexts. To gain a deeper understanding, consider the emotions and situations in your waking life that might be connected to these dream symbols.

August Fortune: Connections with others will be particularly meaningful, and new relationships may blossom into lasting bonds. Trust in the energy of the season to guide you towards opportunities that align with your true passions and values. Stay open to unexpected paths.

August Tarot Card: The Empress tarot card is a symbol of abundance, fertility, and nurturing. Representing the archetype of the mother and the divine feminine, she embodies creativity, growth, and the natural world. The Empress is often depicted surrounded by lush nature, signifying prosperity, beauty, and the nurturing aspects of life.

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